



An Avera Partner

20 Weeks to Preparedness

Be Prepared!

Develop An Emergency Kit.

This Emergency Supplies Calendar is intended to help you prepare for emergencies before they happen. Using the calendar, you can assemble an emergency supplies kit in small steps over a five-month period. Check off items you gather each week. Remember to change and replace perishable supplies by the expiration date.

(Adopted from NE Nebraska Public Health Dept. Preparation Guide for Emergencies – Be Prepared!)

WEEK 20

Hardware Store:

- Work gloves
- Safety goggles
- Disposable dust mask
- Camping/utility knife
- 2 blank videocassettes / CD's

To Do:

- Get an extra battery for motorized mobility aids, if needed.
- Tape the contents of your home with video.
- Copy and send to out-of-town family/friends.



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