



An Avera Partner

20 Weeks to Preparedness

**Be Prepared!**

**Develop An Emergency Kit.**

This Emergency Supplies Calendar is intended to help you prepare for emergencies before they happen. Using the calendar, you can assemble an emergency supplies kit in small steps over a five-month period. Check off items you gather each week. Remember to change and replace perishable supplies by the expiration date.

(Adopted from NE Nebraska Public Health Dept. Preparation Guide for Emergencies – Be Prepared!)

**WEEK 18**

**Hardware Store:**

- Plastic bucket with tight lid
- Plastic sheeting

**To Do:**

- Put away a blanket or sleeping bag for each household member.

You might ask, “**What is the plastic bucket for?**” It could be used in a variety of ways, but if faced without plumbing along with the garbage bags purchased earlier, it could be used as a porta potty. The **plastic sheeting** would be used as a temporary shelter if unable to get to a community shelter.



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