



An Avera Partner

20 Weeks to Preparedness

Be Prepared!

Develop An Emergency Kit.

This Emergency Supplies Calendar is intended to help you prepare for emergencies before they happen. Using the calendar, you can assemble an emergency supplies kit in small steps over a five-month period. Check off items you gather each week. Remember to change and replace perishable supplies by the expiration date.

(Adopted from NE Nebraska Public Health Dept. Preparation Guide for Emergencies – Be Prepared!)

WEEK 10

Hardware Store:

- Battery-powered radio
- Wrench(es) needed to turn off utilities

To Do:

- Find your gas and water meter shutoffs at your home. Discuss when it is appropriate to turn these off.
- Attach a wrench to the cutoff valve of each meter so it will be there when needed.
- Read instructions for radio and keep them with it.



An Avera Partner

20 Weeks to Preparedness

Be Prepared!

Develop An Emergency Kit.

This Emergency Supplies Calendar is intended to help you prepare for emergencies before they happen. Using the calendar, you can assemble an emergency supplies kit in small steps over a five-month period. Check off items you gather each week. Remember to change and replace perishable supplies by the expiration date.

(Adopted from NE Nebraska Public Health Dept. Preparation Guide for Emergencies – Be Prepared!)

WEEK 10

Hardware Store:

- Battery-powered radio
- Wrench(es) needed to turn off utilities

To Do:

- Find your gas and water meter shutoffs at your home. Discuss when it is appropriate to turn these off.
- Attach a wrench to the cutoff valve of each meter so it will be there when needed.
- Read instructions for radio and keep them with it.



An Avera Partner

20 Weeks to Preparedness

Be Prepared!

Develop An Emergency Kit.

This Emergency Supplies Calendar is intended to help you prepare for emergencies before they happen. Using the calendar, you can assemble an emergency supplies kit in small steps over a five-month period. Check off items you gather each week. Remember to change and replace perishable supplies by the expiration date.

(Adopted from NE Nebraska Public Health Dept. Preparation Guide for Emergencies – Be Prepared!)

WEEK 10

Hardware Store:

- Battery-powered radio
- Wrench(es) needed to turn off utilities

To Do:

- Find your gas and water meter shutoffs at your home. Discuss when it is appropriate to turn these off.
- Attach a wrench to the cutoff valve of each meter so it will be there when needed.
- Read instructions for radio and keep them with it.



An Avera Partner

20 Weeks to Preparedness

Be Prepared!

Develop An Emergency Kit.

This Emergency Supplies Calendar is intended to help you prepare for emergencies before they happen. Using the calendar, you can assemble an emergency supplies kit in small steps over a five-month period. Check off items you gather each week. Remember to change and replace perishable supplies by the expiration date.

(Adopted from NE Nebraska Public Health Dept. Preparation Guide for Emergencies – Be Prepared!)

WEEK 10

Hardware Store:

- Battery-powered radio
- Wrench(es) needed to turn off utilities

To Do:

- Find your gas and water meter shutoffs at your home. Discuss when it is appropriate to turn these off.
- Attach a wrench to the cutoff valve of each meter so it will be there when needed.
- Read instructions for radio and keep them with it.