

WEEK 10

Hardware Store:

- Battery-powered radio
- Wrench(es) needed to turn off utilities



To Do:

- Find your gas and water meter shutoffs at your home. Discuss when it is appropriate to turn these off.
- Attach a wrench to the cutoff valve of each meter so it will be there when needed.
- Read instructions for radio and keep them with it.

WEEK 11

Grocery Store:

- 1 large can juice*
- Medicine dropper
- Lg plastic food bags
- 3 rolls paper
- 1 box quick energy snacks
- towels

To Do:

- Test your smoke detectors(s). Replace the battery in each detector that does not work. Replace any detector over 10 years old.

WEEK 12

Animal Care Store:

- Litter/pan
- Extra water
- Extra harness, leash, ID tags, & pet food

Veterinarian:

- Obtain current vaccinations and medical records of your animal(s).
- Medications

To Do:

- Develop a pet care plan.
- Make photocopies of all vaccination records and put in plastic baggie in disaster supply kit.

WEEK 13

Hardware Store:

- Crow bar
- Whistle
- Pliers
- Hammer
- Screwdriver

To Do:

- Take a first aid/CPR Class

WEEK 14

Grocery Store:

- 1 can vegetables*
- 1 can fruit*
- 1 can meat*
- Cups
- 1 package eating utensils
- 1 package paper

To Do:

- Practice using alternate methods of evacuation.

WEEK 15

Hardware Store:

- Extra flashlight batteries
- Assorted nails
- Extra battery for portable radio
- Air tight plastic baggie for important papers

To Do:

- Make photocopies of important papers and store in air tight baggie.



WEEK 16

Grocery Store:

- 1 can vegetables*
- 1 box quick energy snacks
- 1 can meat*
- Dried fruits/nuts
- 1 box facial tissue

To Do:

- Develop a disaster supplies kit for your vehicle.

WEEK 17

Grocery Store:

- 1 box graham crackers
- Dry cereal
- Plastic container(s) with lids for supplies.

WEEK 17 (Cont)

First Aid Supplies:

- Antidiarrheal medicine
- Antiseptic
- Rubbing alcohol

To Do:

- Arrange for a friend to help your children if you are not able to respond or are at work.

WEEK 18

Hardware Store:

- Plastic bucket with tight lid
- Plastic sheeting



To Do:

- Put away a blanket or sleeping bag for each household member.

WEEK 19

Grocery Store:

- Plastic wrap
- 1 box quick energy snacks
- Aluminum foil
- Comfort foods (cookies, candy bars)
- Denture care items, if needed.

To Do:

- Review your insurance coverage.
- Purchase and install an emergency escape ladder for upper story windows, if needed.

WEEK 20

Hardware Store:

- Work gloves
- Safety goggles
- Disposable dust mask
- Camping/utility knife
- 2 blank videocassettes

To Do:

- Get an extra battery for motorized mobility aids.
- Tape the contents of your home with video.
- Copy and send to out-of-town family/friend.